

# Mental Wellness Supports

## Indian Residential Schools Survivors Society (IRSSS)

Organization	Name	Contact Information	Location
Tsow Tun le Lum	Crisis support line	PH: 1-800-403-3123	BC
Indian Residential School Survivors Society(IRSSS)	Crisis support line	PH: 1-800-721-0066 24/7 June/ July/ August 2021	BC
Adah Dene	Margo Sagalon (RHSW)	<a href="mailto:Nakzdli.elders@outlook.com">Nakzdli.elders@outlook.com</a> Facebook: Margo Sagalon PH: 250-996-3813	Fort St. James, BC
Adah Dene	Tracey Charlebois (RHSW)	<a href="mailto:Traceysam20@outlook.com">Traceysam20@outlook.com</a> Facebook: Tracey Charlebois PH: 250-996-1475	Fort St. James, BC
Carrier Sekani Family Services	Shannon Laroque (RHSW)	PH: 250-567-2900	Prince George, BC
Gitanyow Human Services	Wanda Good (RHSW) Frances Turner (RHSW) Candice Johnson (IDS)	<a href="mailto:Wanda.e.good@gmail.com">Wanda.e.good@gmail.com</a> W: 250-849-5651 C: 250-849-5651	Gitanyow, BC
Gitxsan Health Society	Ardythe Wilson (RHSW) Pam Torres (RHSW) Gary Patsey (CS) Perry Sampson (IDS)	<a href="mailto:irsmanager@gitxsanhealth.com">irsmanager@gitxsanhealth.com</a> PH: 250-842-8251 <a href="mailto:irmsupport3@gitxsanhealth.com">irmsupport3@gitxsanhealth.com</a> PH: 778-202-1355 <a href="mailto:irmsupport1@gitxsanhealth.com">irmsupport1@gitxsanhealth.com</a> PH: 778-202-1703 <a href="mailto:idssupport@gitxsanhealth.com">idssupport@gitxsanhealth.com</a>	Hazelton, BC
IRSSS - RHSW	Bruce Allen	PH: 1-800-721-0066	Prince George, BC
IRSSS - RHSW	Arlene Roberts	PH: 1-800-721-0066	Terrace, BC
IRSSS (CS)	Tom Smith	<a href="mailto:bodytalktoday@gmail.com">bodytalktoday@gmail.com</a> PH: 1-800-721-0066 C: 604-785-3432	
IRSSS (CS)	Laura Cook	<a href="mailto:laura@wayclinic.com">laura@wayclinic.com</a> PH: 1-800-721-0066 PH: 250-643-3441	



Organization	Name	Contact Information
IRSSS (CS)	Merle Williams	<a href="mailto:Williams.merle@gmail.com">Williams.merle@gmail.com</a> PH: 1-800-721-0066 PH: 604-817-3863
IRSSS (CS)	Murray Smith	PH: 1-800-721-0066 PH: 250-600-4240
IRSSS (CS)	TEAM: Peter & Denise Thompson Marie Oldfield	<a href="mailto:Sgaaga378@gmail.com">Sgaaga378@gmail.com</a> PH: 778-645-4774
IRSSS (CS)	Farley Cardinal	PH: 1-800-721-0066
IRSSS (CS)	Ronnie West	<a href="mailto:ronmwest@gmail.com">ronmwest@gmail.com</a> PH: 778-669-0136
IRSSS (CS)	Tanya Hjorth	<a href="mailto:tfhjorth@hotmail.com">tfhjorth@hotmail.com</a> PH: 250-992-9085
IRSSS (CS)	Sue Gladstone	<a href="mailto:sue.gladstone@skidegatehc.ca">sue.gladstone@skidegatehc.ca</a> PH: 250-637-1884
IRSSS (CS)	Vernon Williams Jr.	<a href="mailto:vernonwilliamsjr60@gmail.com">vernonwilliamsjr60@gmail.com</a> PH: 250-626-3317 PH: 250-631-8048
IRSSS: Indian Day School	Veronica Haddon	PH: 1-800-721-0066 C: 250-961-1475
IRSSS: Missing & Murdered Indigenous Women & Girls	Connie Greyeyes Helen Knott	PH: 1-800-721-0066

